



## SACRED HEART PARISH

**Sunday 30th November 2025**

**1st Sunday in Advent**



**Deacon: Joe Baxter**

**Parish Office:** 1B Glenview Street, Belfast, BT14 7DP

**Email:** sacredheart@downandconnor.org

**Phone:** 028 9075 1543

**Hours open:** 9am-2pm, Mon, Tues, Wed & Fri.

**Parish Secretary:** Cathy Carroll

**Sacristan:** Collette Delaney

**Acolyte:** Thomas Liddy

**Parish Webpage:** <https://sacredheartparishbelfast.com> Webcam ([sacredheartparishbelfast.com](https://sacredheartparishbelfast.com))

### ~Mass Times~

**Saturday:** 6:00pm(Vigil):

**Sunday Masses:** 9:30am:

Rose McKeever, Anniversary

11:30am:

John & Frances Thompson, Anniversary

**Weekday Masses:** Monday 10:00am:

**NO MASS**

Tuesday 7:00pm Novena:

Mary Fairfield Sr, Anniversary Mass

Wednesday 10:00am:

**NO MASS**

Thursday 10:00am:

Billy Craig, Month's Mind Mass

Friday 10:00am:

**Confessions & Adoration:** Saturday: 5:00pm - 6:00pm.

**Divine Mercy:** Friday 2:30pm, Exposition, Prayer and Confessions

### ~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month, at 12.30pm.

Please contact the parish office to arrange a baptism.

### ~Upcoming Feast Days~

**1st December**

St Andrew

**3rd December**

St Francis Xavier,

**4th December**

St John Damasus I

### ~Recently Deceased~

Daniel Fenton

Marian Beattie

William Craig

Vincent Burns

James McAleese

Pauline Croman

*Eternal rest grant unto them,  
O Lord*

### ~Sanctuary Candles~

Billy Craig

John & Molly Noble

Tom Lawless

Donna Hawkins

Gerry Hanna

Eileen Hanna

A Donation of £5 per candle would be  
Greatly Appreciated

### ~Weekly Collection~

£1039.86

The Parish Thanks You For Your  
Kindness And Generosity

### ~Anniversaries~

Pat Barclay

Frank McGuckin

Margaret Toal

*Eternal rest grant unto them,  
O Lord*

### ~Baptisms~

Ronan James MacCormick

Bréagha Connolly

Cúan Robert Toman Hoy

*We Welcome into our community*

### ~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

**The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.**  
( Micah 6:8)

# DATES FOR YOUR DIARY



## The Advent Wreath

For the Love of My People and Friends I Say; Peace Upon You (Ps.121)

Evergreen for everlasting Life  
Circular for God's continuing Love.  
Purple candles for penance and pink for joyful hope.  
White candle is the light of Christ born in each of us.

**Please note: There will be no Masses on Monday, or Thursday morning's until further notice.**

**Wednesday's Mass will be a Eucharistic Service with Deacon Joe.**

**Friday 10am Masses have resumed.**

**There will be no monthly Healing Mass until further notice.**

**Christmas Mass Bouquets are now available from the Parish Office. £2.50 each.**

Anyone wishing to book a Anniversary Mass, Month's Mind Mass, or Sanctuary Candles, please contact the office during opening hours, leave a message on our voice mail or email your request to [sacredheart@downandconnor.org](mailto:sacredheart@downandconnor.org). Thank You.

**Sacred Heart Stitch & Crochet Group** are having their Annual Christmas Sale of Works after each Mass on Saturday 6th and Sunday 7th December. All proceeds in aid of Parish funds. Come show your support. Christmas gifts and ballots available.

### **SVP Annual events taking place in the Parish during the 2025 Christmas Season:**

**Giving Tree:** On Friday 28th November the SVP Giving Tree with giving envelopes, will be placed beside the Baptismal Font.

**Giving Tree / Giving Sunday Appeal :** SVP Members will speak from the Altar at all Masses on Saturday 6th & Sunday 7th December.

**Giving Sunday:** Saturday 13th & Sunday 14th December is Giving Sunday weekend (all proceeds from the second collections on Saturday 13th & Sunday 14th in aid of SVP).

**Our Christmas reconciliation Service will take place on Thursday 18<sup>th</sup> December at 7pm.**

**All welcome.**

**Crib of Hope. Help deliver a baby in Bethlehem this Christmas.** This year our crib donations are going to the Order of Malta Holy Family Hospital Bethlehem. Just 800 meters from the birth place of Jesus, there is one door that is always open to poor and destitute expectant mothers without discrimination. Your generous donations would be greatly appreciated.

**Leratong Hospice.** On behalf of all involved with Leratong Hospice, the Board, Management, Staff and most importantly the patients and their families, I would like to acknowledge and thank you for your generous donation of funds to the total of R331813.50 received on 17th November 2025. Please be assured that the donation will be used to improve the standard of Holistic Palliative Care provided to terminally ill patients at Leratong Hospice and support their families. Please extend our greatest appreciation to everyone involved with this donation . Yours truly, Mr Sonisani Netshikweta, General Manager.

**First Saturday Devotions** in Holy Family Church, Limestone Road, Saturday, 6th December. 10am: Adoration of the Blessed Sacrament, Confessions, Act of Consecration, Rosary and Divine Mercy Chaplet. 11am: Holy Sacrifice of the Mass. Please come and bring a friend. All welcome.

**Recharge Young Adult Group - Advent Retreat** . Aged 18-35? Join us this Advent to prepare well for Christmas but also for the future. Take some time to ask yourself: Where are you in life? Where are you going? Have you found your vocation? How can you live your vocation out more faithfully? Saturday 13th December, 10am-6pm, St Colmcille's Church, Belfast. Free Event. Register via Eventbrite <https://www.eventbrite.com/e/quo-vadis-a-retreat-by-recharge-tickets-1758337688359>

**Misa De Gallo.** 'The Lord is a Lamp for my steps and a Light for my path'. 9 day Novena before Christmas, 16th-24th December, with Very Rev Fr Vincent Cushnahan. Starting at 6pm. St Vincent de Paul Church, 169 Ligoneil Road, Belfast. All are welcome.

**AA Meeting** upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, Thursday at 7pm.(Ladies Group)

**Narcotics Anonymous (NA)** meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.

**Cocaine Anonymous (CA)** meet every Tuesday at 7pm upstairs in the Parish Centre.

**The Spred Group** meet every second Monday in the Parish Hall at 7pm.

**The Stitch and Crocheting Group** meet Thursday evenings,7pm in the Parish centre. Come along and learn a new skill.

**Lifeline-24hr** 7 days a week 0808 808 8000  
**Samaritans** anytime night or day 116 123  
**St Vincent De Paul** 028 90351561  
**Cancer Lifeline** 028 90 351999  
**AA** 02890351222

**AI-Anon Family Groups** 028 9068 2368  
**PIPS** 0800 088 6042  
**Youth Education Health Advise** 02890 757 809  
**Diocesan Safeguarding Officer** Philip O'Hara 07534 992 124

**Sacred Heart of Jesus, I place all my trust in Thee**

